

# PATCHWORK



The Vernon Silver Star Quilters Guild Newsletter—February 2025 Vol 18, Issue 6



## Musings from our President...

February is here and with it Valentine's Day! My visit to Red Deer to see my two grandchildren, my daughters and their husbands was great! It was wonderful to spend time with my grandchildren and I got to spend the day painting pottery with my girls and having lunch. I needed a

break even though the temperatures got minus double digits!

With being away I have spent the month of January trying to get quilting done and to finish my UFO challenge. I have also started a Sudoku quilt and of course made another to donate to the Red Deer Humane Society for the spring event ( my older daughter is the Executive director).

I will miss curling for the month and am sorry to leave my team but we have a good player who works well with our team to take my place. I think when I get back I may get three more games in before the season moves to golf!

As you read this I will be in Ixtapa/Zihuatanejo where we will spend 5 weeks ( March 5 is our return). We are looking forward to time in the warm sun snorkeling, walking, biking and sitting at the beach sipping drinks!

I will miss the Guild members but you can count on me checking out sewing stores looking for suitable fabric!

Thank you Deborah for stepping in for me and I look forward to seeing you all when I return to the Guild meeting on March 6.

Happy Quilting!

*Julie Glinsbockel*



- February 3 9:00 am Scrapy Sub Group
- February 6 9:00 am Business Meeting
- February 10 9:00 am Classics Sub Group
- February 11 9:00 am Quartz Sub Group
- February 13 9:00 am Community Care Sew Day
- February 20 9:30am General Meeting
- February 24 9:00 am Talk Around the Block
- February 27 9:00 am Open Sewing Day

### *Guild Meeting Days*

*Doors open at 9:00 am  
Meeting begins at 9:30 am*

\*\*\*\*\*

### *Subgroups and Classes*

*Doors open at 8:45 am for set up,  
Ending at 3:00 pm.*

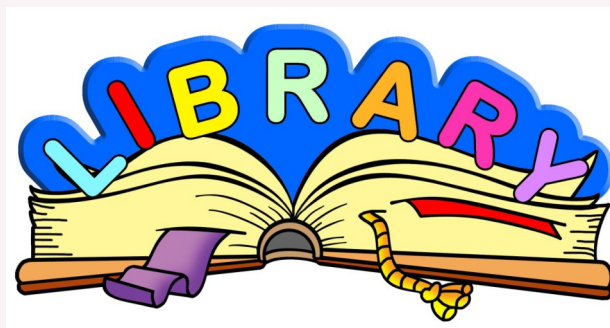
Newsletter Editor—Deborah Brown Guild Website: [www.vssq.org](http://www.vssq.org) VSSQ Mailing Address: PO Box 20014, Vernon, BC V1T 9L4

Deadline for March Newsletter submissions is February 25, 2025

## Library News—Rhonda Harvey & Marlene Lawrence

At the first meeting in January I introduced a number of new titles for our library, most of them published in the last year or so. They include the following titles:

*Retro Curved Pieced Quilts*  
*Playful Panel Quilts*  
*Stash Statement*  
*Adventures in Paper Piecing & Design*  
*60 Fabulous Paper Pieced Stars*  
*Scrappy Wonky Quilt Block Extravaganza*  
*The Best of Jelly Roll Quilts*  
*Patchwork Luxe*  
*Jelly Roll Animal Quilts*  
*Capture your own life with Collage Quilting*  
*Appliqué Art*  
*The Ultimate Guide to Free-Motion Quilting*  
*Wonderful World Of Paper Pieced Blocks*  
*Mix and Match Sampler Settings*  
*The Big Book of Quick-to-Finish Quilts*



I encourage you to try one of these new books for some new takes on some favourite techniques and fresh ideas. The website library lists have been updated and include these new titles. Enjoy.

Remember: Please try to have your books returned at the next meeting and find some new treasures to sign out. **Rhonda**

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## Workshop Committee

- \* February 13/25 – Community Care Sewing Day
- \* February 27/25 – Soup and Sew Day
- \* March 6/25 – Meeting – Library Demo.
- \* March 13/25 – Catherine Henderson workshop – Vintage Quilts
- \* March 20/25 – March break.. No Meeting.

\*\* ‘Block Challenge information with pattern is available on the website. Each person makes one block with the resulting quilt being donated to charity. Please pin your suggestion for a charity on each square.

Other activities planned for the next year are Open Sewing Days, a May Make & Take, Trunk Shows, Workshops, a wind up Potluck.

Our committee is always open to new suggestions so if you have an idea for a workshop, short presentation or activity please contact Sue Beaudry. If you would like to share your skills with the group or lead a workshop we would love to hear from you.

You can access the workshop proposal form available on the 'Members Only' page on the VSSQ Website. Please complete the form and submit to any member of the Workshop Committee.

**Committee Head: Sue Beaudry. Other members: Pat Bennett, Yvonne McReary, Christine Wejr.**



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**Please remember! All our meetings are scent free. Thank you!**

## MLS—What's That You Ask?

**Member of Long Standing.** The purpose of the new comers group is to allow members new to the guild to join and become familiar with all activities of the guild on a smaller more personal level without feeling overwhelmed or left out. Each new comer is appointed a **Member in Longer Standing (MLS)** who will be responsible for familiarizing the new member with different areas of the guild such as library, free table, kitchen, washrooms etc. as well as the different activities of workshop registration, show and tell participation or fat quarter draw. Also, all sub-groups welcome the MLS and the newcomer to participate in their sew days. This is one of the best ways to get to know other guild members—and get some projects completed at the same time.



To become an MLS you probably need to have at least a year of guild experience and be willing to show a newcomer the ropes. It is not a hard job and really does make it more comfortable for the new comer to assimilate into a large group such as our guild.

MLS's are needed right now so if you are willing to help out in this manner, you'd be most welcome. Speak to Merle Kurz.

### Fat Quarter Draw

*The Colour Wheel is This Year's Theme*



February - Mix Yellow & Blue = Green

March - Mix Red & Blue = Purple

April - Neutral Colour

May - Favourite Colour

FQ draw is held on the 2<sup>nd</sup> meeting of each month starting in October and ending in May. Fat Quarters should measure 20" x 22" and consist of good quality quilting cotton. For each FQ you bring entitles you to one entry to win the lot! Good Luck!

### 2025 Nominations

**Communications**

**Community Care**

**Newsletter**

**Vice-President**

Our sincere appreciation to all the members who have served in these roles. You are the silent heroes who work effortlessly to make our guild a place to come for knowledge, socialization, comfort and kindness. Please contact Deborah Brown if you are interested in finding out more about serving in one of these positions. Job descriptions are posted on the website in the members only section.

## Spring Retreat!

Spring Retreat is Coming!

Date: Monday April 7 to Thursday April 10/25  
 Cost: \$310 Minimum 24 attendees

Sign up for Retreat has begun!

Don't miss the upcoming opportunity to enjoy 4 days and 3 nights at Spring Quilt Retreat at Gardom Lake Retreat Centre. You are encouraged to come join in the fun and get away from the norm into the inspiring energy that is retreat! Get to know some of your guild members in a whole new way and be served great meals without having to do dishes! You can spend all day sewing in your jammies and no one will blink an eye.

Sign up continues at our next meeting. Please join us! Refund policy- no refunds after we submit numbers to Gardom usually 10 days before retreat. Cancellation due to illness will be considered. Requests for room assignments will be considered but no guarantees! We will consider outside people who will need to pay a guild membership fee so they meet Quilt Canada's criteria for guild activities covered by insurance. I look forward to seeing you there.

*Kate*



## February BIRTHDAYS

February 3	Garnette Kormany
February 5	Joan Muller
February 7	Glenda Valair Pat Schley
February 8	Jean Donker
February 9	Lorene Woronchak
February 10	Jeanne Kimmitt
February 11	Linda Hoovewr
February 13	Anne Drover
February 14	Val Tucker
February 17	Debbie Demoskoff
February 19	Judy Gervais Judy Steward
February 21	Nancy Tindall Terri Schmitke
February 24	Elaine Leipe Wendy Radies
February 25	Susan Zacharuk
February 26	Maggie Tomich Deborah Brown Sandie Guenette
February 27	Linda Forbes



*Please Remember*

*All of the guild's functions are scent free! Please be considerate of those with scent-si-tivities! Thanks!*

## Quilt Show Challenge

### *Quilters are Piece Makers – 2025 VSSQ Quilt Show – Guild Member Challenge Information*

Welcome to the quilt show guild challenge! Every guild member is warmly invited to participate. Here are the challenge details:

1. Small is beautiful. Your quilt must be 12” by 12”.
2. Your quilt must include something silver. This may be silver fabric, thread, embellishments; feel free to use your creativity and imagination.
3. Keep in mind this year’s theme of “Quilters are Piece Makers” (peace?) as you create.

#### ***Dates to be aware of:***

1. By June 5, 2025, a registration form with plan/photograph needs to be submitted
2. Your quilt must be handed in by September 4, 2025
3. September 18th, the challenge submissions will be hung at the guild meeting; guild members have opportunity to view and then choose a favourite (another challenge!)
4. Your quilt will be hung at the VSSQ quilt show September 27-28, 2025

#### ***Other details including much freedom and some restrictions:***

1. Any number of fabrics may be used.
2. Your quilt may be traditional or modern or anywhere in between or a combination! It may be machine or hand pieced, machine or hand quilted and applique is welcome. You may include embellishments.
3. If a published pattern is used, credit must be provided.
4. This piece (of course!) must be completely finished: quilting, binding, label, hanging sleeve.
5. The label should include:
  - a. Title of the piece
  - b. Artist’s name
  - c. Date completed
  - d. Credits (give credit to sources and obtain written permission if using another person’s design)
6. The hanging sleeve needs to be fully stitched to the back of the quilt.

We hope many of you may consider participating in this show’s challenge. If you are looking for more information or have questions, please feel free to contact Linda Ensing.



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## Quartz—Sandie Guenette

This month's meeting of Qu'artz involved a lot of good, clean fun! We used shaving cream, fabric inks or paints and a skewer to create samples of marbling on fabric. The enthusiasm was high, and clean up was a breeze! Three of us also shared some insights into our 'trailblazing' lady. The first thing we noticed about these three women was their courage and determination in the face of hardship and adversity. Their stories sparked some interesting discussions. We're looking forward to learning about more of these remarkable ladies each month.

### Throwback Thursday—Shirley Weishuhn

The second meeting in February, the focus will be on quilts that are hand applied. Please feel free to bring one that has been shown in the past. March we invite everyone to bring a machine embroidery quilt. We have had a suggestion that we show the Throwback Thursday quilts before the break if there is no other program planned for that day. This would allow everyone a chance to look at the quilts close-up during coffee break.

## QUILT BACKING CHART

	Quilt Size	Backing Size	Vertical Seam Yardage	Horizontal Seam Yardage	Vertical Piecing Reference	Horizontal Piecing Reference
<b>Baby</b>	30" x 40"	38" x 48"	1 ½ yards			
<b>Throw</b>	50" x 65"	58" x 73"	4 ¼ yards	3 ¼ yards		
<b>Twin</b>	70" x 85"	78" x 93"	5 ½ yards	6 ½ yards		
<b>Full</b>	85" x 108"	93" x 116"	9 ¾ yards	7 ¾ yards		
<b>Queen</b>	90" x 108"	98" x 116"	9 ¾ yards	8 ¾ yards		
<b>King</b>	110" x 108"	118" x 116"	9 ¾ yards	10 yards		

Add 8" to your finished quilt top size to get the quilt backing size.



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Winter Schedule posted on Facebook

## Golden Root Soup—Linda Kuraoka

- 2 TBS grapeseed oil
- 1 large leek, washed and sliced
- 1 small yellow onion, peeled and coarsely chopped
- 2 garlic cloves peeled and crushed
- 1 small rutabaga or 2 turnips, peeled and coarsely chopped
- 2 large carrots, scraped and chopped, about 1.5 cups
- 1 sweet potato or jewel yam, peeled and chopped, about 1 cup
- 4 cups (1L) low sodium vegetable broth
- 1 TBS Chinese five spice powder
- 1 Tsp coconut or brown sugar
- 1/4 Tsp salt
- 1 cup full fat coconut milk, plus extra if needed



In a large stock pot heat oil over medium heat, add leek, and onion and sauté until soft. Stir in garlic and sauté for 1 more minute.

Add all remaining ingredients except for coconut milk. Add a splash more water if needed to make sure vegetables are just about covered with liquid. Bring to a gentle boil. Cover, reduce heat, and simmer until vegetables are fork tender, about 30 minutes.

Using hand held stick blender or transferring to a high speed blender, puree until creamy. Return to saucepan and stir in coconut milk. Heat through. Add a little more coconut milk or water if soup appears to be too thick.

Enjoy!

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